



Client Name: _____

Falling Abatement & Learning Landing Strategies (F.A.L.L.S.) CLASS

ADDENDUM TO INFORMED CONSENT/WAIVER AND RELEASE OF LIABILITY ACKNOWLEDGEMENT OF RISKS

Before signing this Waiver and Release of Liability, the undersigned has been advised of, understands, and agrees to the following:

In consideration of the agreement between the undersigned and Challenge Center, the undersigned hereby releases the business entity, facility, owners, operators, employees, instructors, technicians, Board of Directors, volunteers, agents and affiliates of Challenge Center (collectively and hereafter referred to as "Challenge Center personnel") from any and all claims, demands and actions, resulting from or related to personal injuries and/or damage to property, sustained while participating in any program affiliated with Challenge Center, including all activities related to Challenge Center occurring off site, before or after actual attendance at a Challenge Center program.

I understand and agree to assume the risks of engaging in Challenge Center's F.A.L.L.S Class. I have been advised and understand that there are risks that are inherent to participating in the F.A.L.L.S. Class. Some, but not all of the risks are identified as follows:

F.A.L.L.S. Class: The goals of this class are to reduce or minimize the risk of injury due to a fall. However, in the process of learning the techniques, or implementing the techniques during or after completing the class carries with it certain increased risk of injury, up to and including death. I understand that participation and implementation of the techniques in this class increase the risk for injury including but not limited to, bruising, strains, sprains, fracture to bones, head contusion, head fracture or hematoma, and death. I further agree that I have informed Challenge Center personnel of all known physical conditions I have that may increase the risk associated with participation in this class and implementation of the techniques. Such conditions include but are not limited to, prior injury, osteoporosis, vertigo or balance impairments, recent surgical procedures, and use of mobility assistive devices, lower body weakness, use of medicines, such as tranquilizers, sedatives, or antidepressants, and vision problems or impairments.

ADDENDUM - INFORMED CONSENT/WAIVER AND RELEASE OF LIABILITY

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In consideration of my use of Challenge Center and participation in Challenge Center program(s), I understand and agree to assume the risks related to my health and well-being and take responsibility for any injury or adverse event that may occur, including but not limited to those listed above.

I, the undersigned, acknowledge that I have been advised and understand the risks associated with participation in the above identified programs. The undersigned understands that signing this Addendum evidences the undersigned's acknowledgment of and assumption of all risks involved in the programs and activities and the specific intention to hold Challenge Center and Challenge Center personnel harmless from all claims for personal injuries of any type and property damage related to participation in the programs and activities.

I, THE UNDERSIGNED, CERTIFY THAT I HAVE READ AND UNDERSTAND THE FOREGOING AND RECEIVED A COPY THEREOF. I AM THE PARTICIPANT, THE PARTICIPANT'S LEGAL REPRESENTATIVE, OR AM OTHERWISE AUTHORIZED BY THE PARTICIPANT TO SIGN THE ACCEPT THE TERMS OF THE ABOVE ON HIS OR HER BEHALF.

Name of participant or participant's representative:

Signature of participant or participant's representative:

_____ Date: _____

Address:

Phone:

Witness (Print Name): _____

Witness (Signature): _____ Date: _____